

Designed to navigate early
vulnerability while assessing
long-term potential

**52 EXPLORATORY
CONVERSATION
CARDS FOR NEW
CONNECTIONS**

mindblown psychology

mindblownpsychology.com

SELF-DISCOVERY AND DEALBREAKERS

**1. WHAT'S YOUR
NON-NEGOTIABLE
BOUNDARY IN
RELATIONSHIPS—THE
ONE YOU'LL NEVER BEND?**

mindblown psychology

mindblownpsychology.com

SELF-DISCOVERY AND DEALBREAKERS

**2. WHAT LIFESTYLE CHOICE
OF MINE MIGHT
SURPRISE—OR
UNSETTLE—YOU
IN SIX MONTHS?**

mindblown psychology

mindblownpsychology.com

SELF-DISCOVERY AND DEALBREAKERS

**3. WHAT EMOTIONAL
'BAGGAGE' ARE YOU STILL
UNPACKING—THAT
A PARTNER NEEDS TO
UNDERSTAND?**

mindblown psychology

mindblownpsychology.com

PAST RELATIONSHIPS

4. WHAT LESSON FROM YOUR LAST BREAKUP ARE YOU DETERMINED TO APPLY HERE—EVEN IF IT'S UNCOMFORTABLE?

mindblown psychology

mindblownpsychology.com

PAST RELATIONSHIPS

5. WHAT TOXIC PATTERN DO YOU FEAR REPEATING—AND HOW SHOULD I CALL IT OUT IF I SEE IT?

mindblown psychology

mindblownpsychology.com

PAST RELATIONSHIPS

**6. HOW DID YOUR
FAMILY MODEL CONFLICT
RESOLUTION—AND
DOES THAT HELP OR HAUNT YOU NOW?**

mindblown psychology

mindblownpsychology.com

VALUES AND NON-CONFORMITY

**7. WHAT MAINSTREAM
LIFE GOAL (MARRIAGE,
KIDS, ETC.) DO YOU QUIETLY
REJECT—OR RESENT BEING ASKED ABOUT?**

mindblown psychology

mindblownpsychology.com

VALUES AND NON-CONFORMITY

**8. WHAT POLITICAL
OR ETHICAL STANCE DEFINES
YOU—AND DOES IT
LEAVE ROOM FOR MY DIFFERENCES?**

mindblown psychology

mindblownpsychology.com

VALUES AND NON-CONFORMITY

**9. WHAT'S YOUR RELATIONSHIP WITH
MONOGAMY—EVOLVING,
UNSHAKEABLE, OR
INTENTIONALLY UNEXAMINED?**

mindblown psychology

mindblownpsychology.com

COMMUNICATION AND CONFLICT

**10. WHEN STRESSED, DO YOU
WITHDRAW OR CONFRONT—AND
HOW SHOULD I
RESPOND WHEN IT HAPPENS?**

mindblown psychology

mindblownpsychology.com

COMMUNICATION AND CONFLICT

**11. WHAT HARMLESS
HABIT OF OTHERS
TRIGGERS IRRATIONAL
ANNOYANCE IN YOU?**

mindblown psychology

mindblownpsychology.com

COMMUNICATION AND CONFLICT

**12. HOW TRANSPARENT
ARE YOU ABOUT YOUR
FINANCES—AND WHEN DOES
SECRECY BECOME DISHONESTY?**

mindblown psychology

mindblownpsychology.com

INTIMACY AND SEXUALITY

**13. WHAT'S YOUR EARLIEST
MEMORY OF ATTRACTION—AND
DOES IT STILL INFLUENCE
YOUR DESIRES?**

mindblown psychology

mindblownpsychology.com

INTIMACY AND SEXUALITY

**14. HOW DO YOU WANT TO BE
PURSUED—VERBALLY,
PHYSICALLY, OR THROUGH
DELIBERATE AMBIGUITY?**

mindblown psychology

mindblownpsychology.com

INTIMACY AND SEXUALITY

**15. WHAT SEXUAL
MISCONCEPTION
ABOUT YOURSELF
ARE YOU TIRED OF CORRECTING?**

mindblown psychology

mindblownpsychology.com

AMBITION AND COMPROMISE

16. WHAT CAREER OR CREATIVE
GOAL MIGHT
EVENTUALLY DEMAND
RELOCATION—OR
SACRIFICE FROM A PARTNER?

mindblown psychology

mindblownpsychology.com

AMBITION AND COMPROMISE

**17. HOW DO YOU
PRIORITISE SELF VS. US
WHEN MAKING
MAJOR DECISIONS?**

mindblown psychology

mindblownpsychology.com

AMBITION AND
COMPROMISE

**18. WHAT PASSION
OF YOURS DO PEOPLE OFTEN
DISMISS—BUT
YOU'D DEFEND FIERCELY?**

mindblown psychology

mindblownpsychology.com

HEALTH AND HABITS

19. WHAT MENTAL HEALTH STRUGGLE HAVE YOU NORMALISED—THAT A PARTNER SHOULD KNOW ABOUT?

mindblown psychology

mindblownpsychology.com

HEALTH AND HABITS

**20. HOW DOES YOUR
RELATIONSHIP WITH ALCOHOL/OTHER
SUBSTANCES SHAPE YOUR
CONNECTIONS?**

mindblown psychology

mindblownpsychology.com

HEALTH AND HABITS

21. WHAT DAILY RITUAL IS SACRED TO YOU—AND HOW WOULD YOU RESENT INTERRUPTION?

mindblown psychology

mindblownpsychology.com

FAMILY AND FUTURE

**22. WHAT UNRESOLVED
FAMILY DYNAMIC
COULD BLEED INTO OUR
RELATIONSHIP—IF UNADDRESSED?**

mindblown psychology

mindblownpsychology.com

FAMILY AND FUTURE

**23. HOW INVOLVED
DO YOU EXPECT PARTNERS
TO BE WITH YOUR
RELATIVES—OR CHILDREN?**

mindblown psychology

mindblownpsychology.com

FAMILY AND FUTURE

**24. WHAT PARENTING
STYLE DID YOU
ENDURE—THAT
YOU'D NEVER REPLICATE?**

mindblown psychology

mindblownpsychology.com

VULNERABILITY AND TRUST

**25. WHAT INSECURITY
MAKES YOU SABOTAGE GOOD
THINGS—AND
HOW CAN I AVOID
TRIGGERING IT?**

mindblown psychology

mindblownpsychology.com

VULNERABILITY AND TRUST

**26. WHEN HAVE YOU
WEAPONISED
VULNERABILITY—USING
'HONESTY' TO CONTROL
OR TEST SOMEONE?**

mindblown psychology

mindblownpsychology.com

VULNERABILITY AND TRUST

**27. WHAT SECRET HAVE
YOU KEPT FROM PAST
PARTNERS—THAT
STILL WEIGHS ON YOU?**

mindblown psychology

mindblownpsychology.com

INDEPENDENCE
VS. PARTNERSHIP

**28. HOW MUCH
ALONE TIME DO YOU NEED
TO FEEL LIKE YOURSELF—AND
NOT RESENTFUL?**

mindblown psychology

mindblownpsychology.com

INDEPENDENCE VS. PARTNERSHIP

**29. WHAT HOBBY OR FRIENDSHIP
WOULD YOU PROTECT
FIERCELY—EVEN
IF A PARTNER DISAPPROVED?**

mindblown psychology

mindblownpsychology.com

INDEPENDENCE
VS. PARTNERSHIP

**30. WHERE'S THE LINE BETWEEN
SUPPORTIVE INVESTMENT AND
CONTROLLING
INTEREST IN YOUR CHOICES?**

mindblown psychology

mindblownpsychology.com

ADVENTURE AND RISK

**31. WHAT'S THE GREATEST
PERSONAL RISK YOU'VE
TAKEN—AND
WOULD YOU DO IT AGAIN?**

mindblown psychology

mindblownpsychology.com

ADVENTURE AND RISK

**32. HOW DO YOU HANDLE
REGRET—DOES
IT PARALYSE
OR PROPEL YOU?**

mindblown psychology

mindblownpsychology.com

ADVENTURE AND RISK

**33. WHAT THRILL-SEEKING
BEHAVIOUR
MASKS A DEEPER
EMOTIONAL NEED?**

mindblown psychology

mindblownpsychology.com

CULTURE AND IDENTITY

**34. WHAT TRADITION
OR CULTURAL PRACTICE
IS CORE TO YOUR
IDENTITY—NON-NEGOTIABLE
IN A PARTNERSHIP?**

mindblown psychology

mindblownpsychology.com

CULTURE AND IDENTITY

35. HOW HAS YOUR SPIRITUAL BELIEF EVOLVED—AND WHAT ROLE SHOULD IT PLAY IN A RELATIONSHIP?

mindblown psychology

mindblownpsychology.com

CULTURE AND IDENTITY

36. WHAT PART OF YOURSELF HAVE YOU HIDDEN TO FIT IN—THAT YOU'RE READY TO RECLAIM?

mindblown psychology

mindblownpsychology.com

REJECTION AND
RESILIENCE

**37. WHAT REJECTION
STILL SHAPES
HOW YOU
APPROACH NEW
CONNECTIONS?**

mindblown psychology

mindblownpsychology.com

REJECTION AND
RESILIENCE

**38. WHEN
HAVE YOU BEEN THE
VILLAIN IN SOMEONE ELSE'S
STORY—AND
WHAT DID IT TEACH YOU?**

mindblown psychology

mindblownpsychology.com

REJECTION AND
RESILIENCE

**39. HOW DO YOU
TYPICALLY END
RELATIONSHIPS—GHOSTING,
CONFRONTATION,
OR SLOW FADES?**

mindblown psychology

mindblownpsychology.com

BODY AND
SELF-PERCEPTION

**40. WHAT PHYSICAL
INSECURITY DO YOU
PROJECT ONTO
PARTNERS—ASSUMING
THEY JUDGE IT HARSHLY?**

mindblown psychology

mindblownpsychology.com

BODY AND
SELF-PERCEPTION

**41. HOW HAS YOUR
RELATIONSHIP
WITH FOOD OR EXERCISE
IMPACTED PAST
CONNECTIONS?**

mindblown psychology

mindblownpsychology.com

BODY AND
SELF-PERCEPTION

**42. WHAT MEDICAL
OR GENETIC
REALITY SHOULD A
LONG-TERM PARTNER
PREPARE FOR?**

mindblown psychology

mindblownpsychology.com

DIGITAL BOUNDARIES

43. HOW DO YOU INTERPRET 'PRIVACY' IN THE AGE OF SOCIAL MEDIA—SHOULD WE SHARE PASSWORDS OR NEVER SNOOP?

mindblown psychology

mindblownpsychology.com

DIGITAL BOUNDARIES

**44. WHAT
EX'S PRESENCE
(DIGITAL OR PHYSICAL)
STILL AFFECTS
YOU—AND HOW?**

mindblown psychology

mindblownpsychology.com

DIGITAL BOUNDARIES

**45. WHEN
DOES FLIRTING
CROSS FROM HARMLESS
TO HARMFUL
IN YOUR EYES?**

mindblown psychology

mindblownpsychology.com

HUMOUR AND DEFENSIVENESS

**46. WHAT TOPIC
MAKES YOU DEFLECT WITH
HUMOUR—INSTEAD
OF ANSWERING
HONESTLY?**

mindblown psychology

mindblownpsychology.com

HUMOUR AND
DEFENSIVENESS

**47. WHEN HAVE YOU
MISTAKEN
SELF-DEPRECATATION FOR
AUTHENTICITY—AND
HOW DOES IT LIMIT
CONNECTION?**

mindblown psychology

mindblownpsychology.com

HUMOUR AND
DEFENSIVENESS

**48. WHAT CRITICISM
ARE YOU MOST
DEFENSIVE
ABOUT—EVEN
WHEN IT'S FAIR?**

mindblown psychology

mindblownpsychology.com

GROWTH AND
FLEXIBILITY

**49. WHAT FIRMLY HELD
OPINION HAVE YOU
CHANGED
IN THE LAST FIVE
YEARS—AND WHY?**

mindblown psychology

mindblownpsychology.com

GROWTH AND
FLEXIBILITY

**50. HOW DO YOU
WANT TO BE
CHALLENGED—AND
WHAT FEEDBACK WILL YOU
ALWAYS RESENT?**

mindblown psychology

mindblownpsychology.com

GROWTH AND
FLEXIBILITY

**51. WHAT CHILDHOOD
DREAM STILL
LINGERS—EVEN
IF YOU'VE BURIED IT?**

mindblown psychology

mindblownpsychology.com

GROWTH AND
FLEXIBILITY

**52. WHAT ABOUT ME
MAKES YOU HOPEFUL—AND
WHAT QUIETLY
TERRIFIES YOU?**

mindblown psychology

mindblownpsychology.com

Shuffle. Share.
Witness. Breathe.

**FOR THOSE
BRAVE ENOUGH
TO SEEK DEPTH BEFORE
CONVENIENCE**

mindblown psychology

mindblownpsychology.com